TRAVIS MANION
FOUNDATION

Teen Expedition 2016

June 23rd – June 30th, 2016

The Travis Manion Foundation and Outward Bound are excited to host a Teen Expedition in the Delaware Water Gap region. This Expedition is for children and siblings of fallen military service members who are 15-18yrs. of age. This outdoor Backpacking experience includes rock climbing, map and compass navigation, physical challenges, team leadership skill development, and a service component to benefit the local community and serve in honor of the fallen.

This one-week course is a unique adventure specifically designed for teens coping with the death of a loved one. You'll be camping & hiking along portions of the Appalachian Trail in Pennsylvania and the Delaware Water Gap National Recreation Area.

The preliminary schedule is as follows:

Thursday June 23rd
Travel day pickup by TMF & POB at PHL Airport / 30th St. Station
Check in at Chamounix Mansion
Dinner at The Couch Tomato with Josh Jabin, TMF Chief of Staff

Friday, June 24th
Check gear and pack vans
Travel to site as group
Settle into camp and get to know each other

Satuday, June 25th - Tuesday June 28th
Typical Schedule with special activities planned.
7am - Wake up and pack up sleeping bag
8am - Stretch Circle/Job Rotation/Plan for the day

8:30 - Breakfast
9:30 - Morning Lesson/Pack up camp
10:00 Head out/daily activities
NOON - Lunch/Lesson
Hike / daily activity
4pm - Arrive at campsite
5pm - Set up Camp
6pm - Dinner
7pm - Evening Meeting (Learnings of the day, Instructor lessons, Discussions)
Bed

Wednesday June 29th
Hike out to vehicles at the trailhead. Transport back to Ropes Course to camp for the evening in Philadelphia.

Thursday, June 30th
Service project:
9:00 AM – 11:00 Bartram Gardens Boat Dedication
Graduation day: Course will end with a special graduation ceremony at 1:00 p.m. at the Philadelphia Outward Bound School in East Fairmount Park

This expedition is fully sponsored which includes air travel as needed, meals, and ground transportation to and from the camp location. Camping gear, sleeping bags, tents are provided. Registration is open and spaces are very limited.

Lodging: tent camping at primitive campsites

Depending on weather, the skill level of your group or other conditions, certain high-impact activities like rafting, rock climbing, peak attempts, or ropes courses may not be possible.
Please contact Tina Tranauskas tina@travismanion.org or 215-622-2208 if you have any questions or are interested in registering for this Expedition